PARENTS become comfortable talking to your children about all aspects of sexuality, including:

- Your family’s values about healthy sexuality and relationships.
- How all parts of their body work and their proper names.
- Respectful and safe behaviors on-line and off-line.

Technology use and media exposure:

- Set limits with media. Know what children are watching on TV and online. Watch what your children are watching and determine whether it sends a message you endorse.
- Frankly discuss pornography. Explain that it’s normal if their body reflexively responds to an image; that response didn’t come from the part of the brain where decisions are made and has no relation to real life!

- The difference between privacy (doing something by themselves, but you know about it) and secrecy (doing something that you don’t know about). Remind kids that temporary secrets, like a surprise party, may be OK, but permanent secrets never are!

- How young kids spend “alone time” with teens and adults, even babysitters and relatives.
- The type of touch they have with peers or adults; encourage them to set limits.
- Their questions about anything to do with sexuality in real life or on-line. If you don’t know the answer, you can figure it out together.

Want to learn more? Contact Prevent Child Abuse America [www.preventchildabuse.org](http://www.preventchildabuse.org)